



KID KICK NEWSLETTER

MAY 2016

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Determination

Are you a determined person? If you set a goal for yourself, do you decide you are going to reach that goal, no matter what obstacles stand in your way? It is always going to be easier to give up on your goals, to change them so they will be simpler, or to give yourself more time if it looks like you will fail. Learning how to focus your attention and how to have a positive attitude as you work to complete a task is an important life skill.

Being determined isn't just about your attitude.

Knowing the things you want to do is a great start, but until you make a plan for how you are going to accomplish those things, you probably won't be able to get started.

After you have a goal, a plan, and a set of action items, your determination will help you focus on the things you want to accomplish, and will give you the attitude you need to get things done.

Jokes:

Why couldn't the pony sing a lullaby?

He was a little hoarse

What did 0 say to 8?

Nice belt!

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May Holidays

May brings Memorial Day, but did you know there are several "Observance Days" this month? Here are just a few. To view the whole calendar, you can visit www.daysoftheyear.com.

May 1 – School Principals' Day

May 3 – Two Different Colored Shoes Day

May 4 – Firefighters' Day

May 5 – No Diet Day

May 9 – Lost Sock Memorial Day

May 12 – International Nurses Day

May 14 – Chicken Dance Day

May 17 – World Baking Day

May 20 – Endangered Species Day

May 24 – Brother's Day

May 28 – Hamburger Day

Determination Synonyms

A synonym is a word or phrase that means exactly or nearly the same as another word. Circle the words below that are synonyms of "determination".

perseverance

cowardice

fear

focus

give up

dedication

strength of
character

doubt

willpower

Determination in My Life

Name

To me, determination means...

I have show determination when...

Draw what you
think someone
with determination
looks like.



Word to Remember

Obstacle

Definition:

Noun — A thing that blocks one's way or prevents or hinders progress.

Example:

No matter what obstacles stood in her path, Bethany was determined to earn her green belt.

What are some obstacles you have faced? How did you overcome them?

What advice would you give to someone facing the same obstacles?

WISE
QUOTE

“SOME PEOPLE SUCCEED BECAUSE THEY ARE DESTINED TO, BUT MOST PEOPLE SUCCEED BECAUSE THEY ARE DETERMINED TO.”

- AUTHOR UNKNOWN -

Maze

Noah is **DETERMINED** to get his green belt. Help him navigate through the maze of obstacles to his goal!

