

FEB.

week 1

**"A SINGLE LIE DESTROYS A WHOLE
REPUTATION OF INTEGRITY."**

- BALTASAR GRACIAN

week 2

**"HONESTY IS THE FIRST CHAPTER IN THE
BOOK OF WISDOM."**

- THOMAS JEFFERSON

week 3

**"SAY WHAT YOU HAVE TO SAY, NOT
WHAT YOU OUGHT. ANY TRUTH IS
BETTER THAN MAKE-BELIEVE."**

- HENRY DAVID THOREAU

week 4

**"BEING HONEST MAY NOT GET YOU A
LOT OF FRIENDS, BUT IT'LL ALWAYS
GET YOU THE RIGHT ONES."**

- JOHN LENNON

**PARENT/GUARDIAN
LETTER**



Dear parents and/or guardians...

This month's lesson is honesty. We are learning how honesty not only builds strong relationships between people, but also helps us become stronger people ourselves. Students are expected to practice honesty (with kindness!) by telling the truth to their peers in class and at school, as well as at home.

- Discuss with your children the importance of honesty, even on small issues, for building trust in relationships.



HONESTY

**HONESTY MEANS TELLING THE
TRUTH. IF WE ARE HONEST, PEOPLE
WILL KNOW THAT THEY CAN
BELIEVE WHAT WE TELL THEM.
IF WE LIE AND ARE NOT HONEST,
PEOPLE WILL NOT KNOW THAT
THEY CAN TRUST US.**

HOW CAN YOU HELP?

- Be honest with your children (to the extent that it is age-appropriate for them).
- Do not get into the habit of telling your child 'white lies,' even if it is to smooth over an issue. When your children realize you do this, they will be left with the impression that honesty is optional.

**U.S.
TAEKWONDO
ACADEMY**