



Where: USTA Dojo

When: Mar. 12th – 14th 2020

U.S.
TAEKWONDO
ACADEMY

www.ustacademy.com

USTA MARTIAL ARTS SPRING CAMP 2020

UNITED STATES TAEKWONDO ACADEMY' SPRING CAMP will provide your child with the chance to polish there/your skills, develop character, learn valuable life skills, make new friends and discover new interests. **USTA Spring Camp** is a comprehensive and objective program designed to help you/ your child to become a better person.

OUR STUDENTS WILL HAVE THE CHANCE TO LEARN ADVANCED TECHNIQUES AND FORMS, WHICH MAY HELP THEM ADVANCE TO THEIR NEXT RANK FASTER. THIS CAMP WILL REDEFINE YOUR/THEIR SKILLS AND REDISCOVER THE FUN SIDE OF MARTIAL ARTS.

WHAT TO BRING EVERYDAY:

1. Traditional TKD Uniform (Pants and Belts), Top uniform during class time only. USTA T-shirt
2. Snacks (Juice, Crackers, Fruit, Water, etc.)
3. Towel and Extra shirt if needed.
4. Sparring gears for USTA members
5. One Stick (Arnis) and a Nunchuks. *Please Purchase from our Pro-shop if you don't have them.*

CAMP COST

\$200.00/ week (\$60/day)

20% DISCOUNT FOR SWAT MEMBERS

10% OFF DISCOUNT FOR ADDITIONAL SIBLINGS

\$40 Tae Kwon Do Uniform. (Optional)

\$10/ 15min. Extended stay

Full amount is due upon registering

LATE FEES

After Monday Mar. 2nd 2020. Registration will be accepted and will incur an extra \$20.00

Parents...
What spring break do you want for your kids?

A

B

LIMITED NUMBER
Date: **MAR. 14TH-16TH**
Cost: **\$200**
ENROLL NOW!

Parents if you are looking for an **ACTIVE CHILD**... Spring Break, then we have the camp for you! We have created the perfect environment where your child can **LEARN MARTIAL ARTS, SET PERSONAL GOALS, GAIN CONFIDENCE and ENJOY HIGH ENERGY FUN.**

LIMITED SPACE!! ENROLL NOW!!!!



<i>TIME</i> \ <i>Day</i>	Thursday	Friday	<i>TIME</i> \ <i>Day</i>	Saturday
4:00 - 4:10pm	Arrival and attendance	Arrival and attendance	11:00-11:10am	Arrival and attendance
4:10 – 5:00pm	Back Kicks Hook Kicks Turning Whip	Arnis	11:10a-12:00p	Taegeuk Form 6 & 7
5:00- 5:50pm	TKD Blocking & Stances / Forms 1-2	Taegeuk Form 4 & 5	12:00-12:50p	Sparring drills Side & Round
5:50 – 6:20pm	Snack time	Snack time	12:50-1:20pm	Break time
6:20- 7:10pm	Power Stretching/ Form 3	Board Breaking	1:20-2:10pm	Falling & Rolling/ Forms 7 & 8
7:10-7:55pm	All Self Defense & Speed Kicks	All Self Defense / & Power Kicks	2:10-3:55pm	Nunchuks Forms Perfection & Stamina Evaluation / Results. Certificates
7:55-8:00pm	Pick-up Time	Pick-up Time	3:55-4:00pm	Pick-up Time

CAMP LENGTH:

4-5 hours a day for 3 days a week. Starting on Thursday Mar. 12th through Sat. Mar. 14th 2020

TERMS:

A non-refundable fees equal to 100% of the guarantee will be required at the time of booking to reserve the date. Payment must be in the form of Check or Check made to Grand Masters.

CANCELLATIONS:

In the event that USTA must cancel a scheduled camp, and you do not wish to reschedule, your deposit will be 100% refunded.

AGE REQUIREMENTS:

Participants must be 7 years old or older. Any student under 7 years old must be approved by the administration prior enrollment.



THE USTA MARTIAL ARTS CAMP 2020

REGISTRATION FORM

(Please Print Or Type)

Name:(Last) _____ First: _____ M Initial: _____

Address(Street): _____ City: _____

State: _____ Zip Code: _____ Country: _____

Date Of Birth: Month _____ Day _____ Year _____ Phone: (_____) _____

Current Rank: _____ Date Of Rank: Month _____ Day _____ Year: _____

Email address _____

WAIVER OF LIABILITY

I hereby submit my application for participation in this Martial Arts camp. I clearly recognize that a risk is involved in participating in this seminar and related activities, which has been completely explained to me and my parents and/or guardians. Participant attests that he/she is physically fit to participate in the seminar(s).

In consideration thereof, I hereby waive, release, and forever discharge the United States TKD Academy, Grand Master Atuon and Grand Master Alsharif, and all participants, on behalf of myself, my heirs, my executors, my administrators and assigns, of any and all claims, rights, or causes of action whatsoever for any damages or injuries which may arise traveling to, participating in, returning from the Summer camp, or which might arise thereafter, against any person or entity in any way connected with the seminar. The parents and/or guardians of the applicant hereby request that this application be accepted, and in consideration thereof, agree to indemnify and release all members of the UST Academy, G. Master Atuon and G. Master Alsharif and any host(s), from all claims made or which may be made on behalf of the applicant, for the aforesaid consideration. I understand that all fees are non-refundable.

PHOTO/VIDEO RELEASE

I hereby agree that any photographs and/or videos taken of me during my participation in this seminar may be used for publicity or any other use seen fit by the USTA Publications, , without any compensation to my parents, guardians, or myself. I hereby waive any right I may have to inspect and/or approve any photographs and/or videos of myself.

Applicant's Signature

Date

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